

DRAW

Subd. 1		Subd. 2		Subd. 3		Subd. 4		Subd. 5		Subd. 6		Subd. 7		Subd. 8	
FX	ALG	FX	CRO-SRI	FX	HUN	FX		FX	KOR-RSA	FX	BAN-THA	FX	POR-DEN	FX	AZE
PH	MAS-POL	PH	GBR-LTU	PH	CHI-MGL	PH	AIN2	PH	GER-CUB	PH	MEX-SGP	PH	ISR-VEN	PH	FIN
SR	JAM-SYR	SR	KAZ-VIE	SR	ITA	SR	NED-EGY	SR	ESP-CYP	SR	CZE-MAR	SR	AUS-SRB	SR	CHN
VT	JPN-AIN1	VT	BEL-NAM	VT	PER-MON	VT	NZL-ARM	VT	SUI	VT	COL-QAT	VT	INA	VT	TUR-CMR
PB	IRI	PB	BRA-JOR	PB	NOR	PB	TPE	PB	ISL-CAY	PB	SWE-LUX	PB	IND-PUR	PB	CAN
HB	GRE-PAN	HB	AUT	HB	UKR	HB	USA-LAT	HB	BUL-UZB	HB	PHI-ALB	HB	SLO-HKG	HB	FRA-TTO

Competition

SUB 1
SUB 2
SUB 3
SUB 4
SUB 5
SUB 6
SUB 7
SUB 8

FX	PH	SR	VT	PB	HB
ALG	MAS-POL	JAM-SYR	JPN-AIN1	IRI	GRE-PAN
CRO-SRI	GBR-LTU	KAZ-VIE	BEL-NAM	BRA-JOR	AUT
HUN	CHI-MGL	ITA	PER-MON	NOR	UKR
	AIN2	NED-EGY	NZL-ARM	TPE	USA-LAT
KOR-RSA	GER-CUB	ESP-CYP	SUI	ISL-CAY	BUL-UZB
BAN-THA	MEX-SGP	CZE-MAR	COL-QAT	SWE-LUX	PHI-ALB
POR-DEN	ISR-VEN	AUS-SRB	INA	IND-PUR	SLO-HKG
AZE	FIN	CHN	TUR-CMR	CAN	FRA-TTO



53rd
Artistic Gymnastics
World Championships
 Jakarta 2025

Wednesday, 15 October 2025

	Stretching Area	Training Hall #1	Stretching Area	Training Hall #2	Warm-Up Hall	FOP
7:15:00						
7:30:00						
7:45:00						
8:00:00						
8:15:00						
8:30:00						
8:45:00	S-DIV 1 08:45-09:00		S-DIV 7 08:45-09:00			
9:00:00						
9:15:00						
9:30:00						
9:45:00						
10:00:00						
10:15:00						
10:30:00		S-DIV 1 09:00-12:00		S-DIV 7 09:00-12:00		
10:45:00						
11:00:00						
11:15:00						
11:30:00						
11:45:00	S-DIV 2 11:45-12:00		S-DIV 8 11:45-12:00			
12:00:00						
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13:15:00						
13:30:00		S-DIV 2 12:00-15:00		S-DIV 8 12:00-15:00		
13:45:00						
14:00:00						
14:15:00						
14:30:00						
14:45:00	S-DIV 3 14:45-15:00		S-DIV 4 14:45-15:00			
15:00:00						
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15:30:00						
15:45:00						
16:00:00						
16:15:00						
16:30:00		S-DIV 3 15:00-18:00		S-DIV 4 15:00-18:00		
16:45:00						
17:00:00						
17:15:00						
17:30:00						
17:45:00	S-DIV 5 17:45-18:00		S-DIV 6 17:45-18:00			
18:00:00						
18:15:00						
18:30:00						
18:45:00						
19:00:00						
19:15:00		S-DIV 5 18:00-21:00		S-DIV 6 18:00-21:00		
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22:15:00						
22:30:00						
22:45:00						
23:00:00						

MAG Training Day

	General Warm-up		Apparatus Training	
	Start	Finish	Start	Finish
S-DIV 1	8:45:00	9:00:00	9:00:00	12:00:00
S-DIV 2	11:45:00	12:00:00	12:00:00	15:00:00
S-DIV 3	14:45:00	15:00:00	15:00:00	18:00:00
S-DIV 4	14:45:00	15:00:00	15:00:00	18:00:00
S-DIV 5	17:45:00	18:00:00	18:00:00	21:00:00
S-DIV 6	17:45:00	18:00:00	18:00:00	21:00:00
S-DIV 7	8:45:00	9:00:00	9:00:00	12:00:00
S-DIV 8	11:45:00	12:00:00	12:00:00	15:00:00



Training Hall #1

30 min/rotation		00:30		FX	PH	SR	VT	PB	HB
Subdivision 1		General Warm-up							
8:45	9:00								
9:00	9:30	ALG	MAS-POL	JAM-SYR	JPN-AIN1	IRI	GRE-PAN		
9:30	10:00	GRE-PAN	ALG	MAS-POL	JAM-SYR	JPN-AIN1	IRI		
10:00	10:30	IRI	GRE-PAN	ALG	MAS-POL	JAM-SYR	JPN-AIN1		
10:30	11:00	JPN-AIN1	IRI	GRE-PAN	ALG	MAS-POL	JAM-SYR		
11:00	11:30	JAM-SYR	JPN-AIN1	IRI	GRE-PAN	ALG	MAS-POL		
11:30	12:00	MAS-POL	JAM-SYR	JPN-AIN1	IRI	GRE-PAN	ALG		

30 min/rotation		00:30		FX	PH	SR	VT	PB	HB
Subdivision 2		General Warm-up							
11:45	12:00								
12:00	12:30	CRO-SRI	GBR-LTU	KAZ-VIE	BEL-NAM	BRA-JOR	AUT		
12:30	13:00	AUT	CRO-SRI	GBR-LTU	KAZ-VIE	BEL-NAM	BRA-JOR		
13:00	13:30	BRA-JOR	AUT	CRO-SRI	GBR-LTU	KAZ-VIE	BEL-NAM		
13:30	14:00	BEL-NAM	BRA-JOR	AUT	CRO-SRI	GBR-LTU	KAZ-VIE		
14:00	14:30	KAZ-VIE	BEL-NAM	BRA-JOR	AUT	CRO-SRI	GBR-LTU		
14:30	15:00	GBR-LTU	KAZ-VIE	BEL-NAM	BRA-JOR	AUT	CRO-SRI		

30 min/rotation		00:30		FX	PH	SR	VT	PB	HB
Subdivision 3		General Warm-up							
14:45	15:00								
15:00	15:30	HUN	CHI-MGL	ITA	PER-MON	NOR	UKR		
15:30	16:00	UKR	HUN	CHI-MGL	ITA	PER-MON	NOR		
16:00	16:30	NOR	UKR	HUN	CHI-MGL	ITA	PER-MON		
16:30	17:00	PER-MON	NOR	UKR	HUN	CHI-MGL	ITA		
17:00	17:30	ITA	PER-MON	NOR	UKR	HUN	CHI-MGL		
17:30	18:00	CHI-MGL	ITA	PER-MON	NOR	UKR	HUN		

30 min/rotation		00:30		FX	PH	SR	VT	PB	HB
Subdivision 5		General Warm-up							
17:45	18:00								
18:00	18:30	KOR-RSA	GER-CUB	ESP-CYP	SUI	ISL-CAY	BUL-UZB		
18:30	19:00	BUL-UZB	KOR-RSA	GER-CUB	ESP-CYP	SUI	ISL-CAY		
19:00	19:30	ISL-CAY	BUL-UZB	KOR-RSA	GER-CUB	ESP-CYP	SUI		
19:30	20:00	SUI	ISL-CAY	BUL-UZB	KOR-RSA	GER-CUB	ESP-CYP		
20:00	20:30	ESP-CYP	SUI	ISL-CAY	BUL-UZB	KOR-RSA	GER-CUB		
20:30	21:00	GER-CUB	ESP-CYP	SUI	ISL-CAY	BUL-UZB	KOR-RSA		

Training Hall #2

30 min/rotation		00:30		FX	PH	SR	VT	PB	HB
Subdivision 7		General Warm-up							
8:45	9:00								
9:00	9:30	POR-DEN	ISR-VEN	AUS-SRB	INA	IND-PUR	SLO-HKG		
9:30	10:00	SLO-HKG	POR-DEN	ISR-VEN	AUS-SRB	INA	IND-PUR		
10:00	10:30	IND-PUR	SLO-HKG	POR-DEN	ISR-VEN	AUS-SRB	INA		
10:30	11:00	INA	IND-PUR	SLO-HKG	POR-DEN	ISR-VEN	AUS-SRB		
11:00	11:30	AUS-SRB	INA	IND-PUR	SLO-HKG	POR-DEN	ISR-VEN		
11:30	12:00	ISR-VEN	AUS-SRB	INA	IND-PUR	SLO-HKG	POR-DEN		

30 min/rotation		00:30		FX	PH	SR	VT	PB	HB
Subdivision 8		General Warm-up							
11:45	12:00								
12:00	12:30	AZE	FIN	CHN	TUR-CMR	CAN	FRA-TTO		
12:30	13:00	FRA-TTO	AZE	FIN	CHN	TUR-CMR	CAN		
13:00	13:30	CAN	FRA-TTO	AZE	FIN	CHN	TUR-CMR		
13:30	14:00	TUR-CMR	CAN	FRA-TTO	AZE	FIN	CHN		
14:00	14:30	CHN	TUR-CMR	CAN	FRA-TTO	AZE	FIN		
14:30	15:00	FIN	CHN	TUR-CMR	CAN	FRA-TTO	AZE		

30 min/rotation		00:30		FX	PH	SR	VT	PB	HB
Subdivision 4		General Warm-up							
14:45	15:00								
15:00	15:30		AIN2	NED-EGY	NZL-ARM	TPE	USA-LAT		
15:30	16:00	USA-LAT		AIN2	NED-EGY	NZL-ARM	TPE		
16:00	16:30	TPE	USA-LAT		AIN2	NED-EGY	NZL-ARM		
16:30	17:00	NZL-ARM	TPE	USA-LAT		AIN2	NED-EGY		
17:00	17:30	NED-EGY	NZL-ARM	TPE	USA-LAT		AIN2		
17:30	18:00	AIN2	NED-EGY	NZL-ARM	TPE	USA-LAT			

30 min/rotation		00:30		FX	PH	SR	VT	PB	HB
Subdivision 6		General Warm-up							
17:45	18:00								
18:00	18:30	BAN-THA	MEX-SGP	CZE-MAR	COL-QAT	SWE-LUX	PHI-ALB		
18:30	19:00	PHI-ALB	BAN-THA	MEX-SGP	CZE-MAR	COL-QAT	SWE-LUX		
19:00	19:30	SWE-LUX	PHI-ALB	BAN-THA	MEX-SGP	CZE-MAR	COL-QAT		
19:30	20:00	COL-QAT	SWE-LUX	PHI-ALB	BAN-THA	MEX-SGP	CZE-MAR		
20:00	20:30	CZE-MAR	COL-QAT	SWE-LUX	PHI-ALB	BAN-THA	MEX-SGP		
20:30	21:00	MEX-SGP	CZE-MAR	COL-QAT	SWE-LUX	PHI-ALB	BAN-THA		

Thursday, 16 October 2025						
Stretching Appt	Training Hall #1	Stretching Appt	Training Hall #2	Warm-up Hall	FOP	
7:15:00						
7:30:00						
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22:30:00						
22:45:00						
23:00:00						

MAG Podium Training Sub 1-6

General Warm-up		Apparatus Training		Warm-up		FOP	
Start	Finish	Start	Finish	Start	Finish	Start	Finish
S-DIV 1	16:00:00	16:15:00	17:45:00	8:15:00	9:45:00	10:00:00	11:45:00
S-DIV 2	17:30:00	17:45:00	19:15:00	10:05:00	11:35:00	11:50:00	13:30:00
S-DIV 3	20:00:00	20:15:00	21:45:00	12:30:00	14:00:00	14:15:00	15:55:00
S-DIV 4	8:30:00	8:45:00	8:45:00	10:15:00	14:20:00	15:50:00	16:05:00
S-DIV 5	11:00:00	11:15:00	11:15:00	12:45:00	16:45:00	18:15:00	18:30:00
S-DIV 6	12:45:00	13:00:00	13:00:00	14:30:00	18:35:00	20:05:00	20:20:00
S-DIV 7	8:45:00	9:00:00	9:00:00	12:00:00	20:05:00	20:20:00	22:00:00
S-DIV 8	11:45:00	12:00:00	12:00:00	15:00:00			

Training Hall #1

Subdivision 1		FX	PH	SR	VT	PB	HB
General Warm-up							
8:45	9:00	POR-DEN	ISR-VEN	AUS-SRB	INA	IND-PUR	SLO-HKG
9:30	10:00	SLO-HKG	POR-DEN	ISR-VEN	AUS-SRB	INA	IND-PUR
10:00	10:30	IND-PUR	SLO-HKG	POR-DEN	ISR-VEN	AUS-SRB	INA
10:30	11:00	INA	IND-PUR	SLO-HKG	POR-DEN	ISR-VEN	AUS-SRB
11:00	11:30	AUS-SRB	INA	IND-PUR	SLO-HKG	POR-DEN	ISR-VEN
11:30	12:00	ISR-VEN	AUS-SRB	INA	IND-PUR	SLO-HKG	POR-DEN



53rd
Artistic Gymnastics
World Championships
Jakarta 2025

Training Hall #2

Subdivision 1		FX	PH	SR	VT	PB	HB
General Warm-up							
8:45	9:00	INA	NED-EGY	NZL-ARM	TPE	USA-LAT	
9:00	9:15		AIN2	NED-EGY	NZL-ARM	TPE	USA-LAT
9:15	9:30	USA-LAT		AIN2	NED-EGY	NZL-ARM	TPE
9:30	9:45	TPE	USA-LAT		AIN2	NED-EGY	NZL-ARM
9:45	10:00	NZL-ARM	TPE	USA-LAT		AIN2	NED-EGY
10:00	10:15	NED-EGY	NZL-ARM	TPE	USA-LAT		AIN2
10:15	10:30	AIN2	NED-EGY	NZL-ARM	TPE	USA-LAT	

Training Hall #1

Subdivision 1		FX	PH	SR	VT	PB	HB
General Warm-up							
11:45	12:00	AZE	FIN	CHN	TUR-CMR	CAN	FRA-TTO
12:00	12:30	AZE	FIN	CHN	TUR-CMR	CAN	FRA-TTO
12:30	13:00	FRA-TTO	AZE	FIN	CHN	TUR-CMR	CAN
13:00	13:30	CAN	FRA-TTO	AZE	FIN	CHN	TUR-CMR
13:30	14:00	TUR-CMR	CAN	FRA-TTO	AZE	FIN	CHN
14:00	14:30	CHN	TUR-CMR	CAN	FRA-TTO	AZE	FIN
14:30	15:00	FIN	CHN	TUR-CMR	CAN	FRA-TTO	AZE

Training Hall #2

Subdivision 1		FX	PH	SR	VT	PB	HB
General Warm-up							
11:00	11:15	KOR-RSA	GER-CUB	ESP-CYP	SUI	ISL-CAY	BUL-UZB
11:15	11:30						
11:30	11:45	BUL-UZB	KOR-RSA	GER-CUB	ESP-CYP	SUI	ISL-CAY
11:45	12:00	ISL-CAY	BUL-UZB	KOR-RSA	GER-CUB	ESP-CYP	SUI
12:00	12:15	SUI	ISL-CAY	BUL-UZB	KOR-RSA	GER-CUB	ESP-CYP
12:15	12:30	ESP-CYP	SUI	ISL-CAY	BUL-UZB	KOR-RSA	GER-CUB
12:30	12:45	GER-CUB	ESP-CYP	SUI	ISL-CAY	BUL-UZB	KOR-RSA

Training Hall #1

Subdivision 1		FX	PH	SR	VT	PB	HB
General Warm-up							
16:00	16:15	ALG	MAS-POL	JAM-SYR	JPN-AIN1	IRI	GRE-PAN
16:15	16:30						
16:30	16:45	GRE-PAN	ALG	MAS-POL	JAM-SYR	JPN-AIN1	IRI
16:45	17:00	IRI	GRE-PAN	ALG	MAS-POL	JAM-SYR	JPN-AIN1
17:00	17:15	JPN-AIN1	IRI	GRE-PAN	ALG	MAS-POL	JAM-SYR
17:15	17:30	JAM-SYR	JPN-AIN1	IRI	GRE-PAN	ALG	MAS-POL
17:30	17:45	MAS-POL	JAM-SYR	JPN-AIN1	IRI	GRE-PAN	ALG

Training Hall #2

Subdivision 1		FX	PH	SR	VT	PB	HB
General Warm-up							
13:00	13:15	BAN-THA	MEX-SGP	CZE-MAR	COL-QAT	SWI-LUX	PHI-ALB
13:15	13:30	PHI-ALB	BAN-THA	MEX-SGP	CZE-MAR	COL-QAT	SWI-LUX
13:30	13:45	SWI-LUX	PHI-ALB	BAN-THA	MEX-SGP	CZE-MAR	COL-QAT
13:45	14:00	COL-QAT	SWI-LUX	PHI-ALB	BAN-THA	MEX-SGP	CZE-MAR
14:00	14:15	CZE-MAR	COL-QAT	SWI-LUX	PHI-ALB	BAN-THA	MEX-SGP
14:15	14:30	MEX-SGP	CZE-MAR	COL-QAT	SWI-LUX	PHI-ALB	BAN-THA

Training Hall #1

Subdivision 1		FX	PH	SR	VT	PB	HB
General Warm-up							
20:00	20:15	HUN	CHM-GL	ITA	PER-MON	NOR	UKR
20:15	20:30						
20:30	20:45	UKR	HUN	CHM-GL	ITA	PER-MON	NOR
20:45	21:00	NOR	UKR	HUN	CHM-GL	ITA	PER-MON
21:00	21:15	PER-MON	NOR	UKR	HUN	CHM-GL	ITA
21:15	21:30	ITA	PER-MON	NOR	UKR	HUN	CHM-GL
21:30	21:45	CHM-GL	ITA	PER-MON	NOR	UKR	HUN

Training Hall #2

Subdivision 2		FX	PH	SR	VT	PB	HB
General Warm-up							
17:30	17:45	CRO-SRI	GBR-LTU	KAZ-VIE	BEL-NAM	BRA-JOR	AUT
17:45	18:00						
18:00	18:15	AUT	CRO-SRI	GBR-LTU	KAZ-VIE	BEL-NAM	BRA-JOR
18:15	18:30	BRA-JOR	AUT	CRO-SRI	GBR-LTU	KAZ-VIE	BEL-NAM
18:30	18:45	BEL-NAM	BRA-JOR	AUT	CRO-SRI	GBR-LTU	KAZ-VIE
18:45	19:00	KAZ-VIE	BEL-NAM	BRA-JOR	AUT	CRO-SRI	GBR-LTU
19:00	19:15	GBR-LTU	KAZ-VIE	BEL-NAM	BRA-JOR	AUT	CRO-SRI

Warm-up

Subdivision 1		FX	PH	SR	VT	PB	HB
General Warm-up							
8:15	8:30						
8:30	8:45	GRE-PAN	ALG	MAS-POL	JAM-SYR	JPN-AIN1	IRI
8:45	8:55	IRI	GRE-PAN	ALG	MAS-POL	JAM-SYR	JPN-AIN1
8:55	9:07	JPN-AIN1	IRI	GRE-PAN	ALG	MAS-POL	JAM-SYR
9:07	9:20	JAM-SYR	JPN-AIN1	IRI	GRE-PAN	ALG	MAS-POL
9:20	9:32	MAS-POL	JAM-SYR	JPN-AIN1	IRI	GRE-PAN	ALG
9:32	9:45	ALG	MAS-POL	JAM-SYR	JPN-AIN1	IRI	GRE-PAN

FOP

Subdivision 1		FX	PH	SR	VT	PB	HB
Transition Podium							
9:45	10:00						
10:00	10:16	ALG	MAS-POL	JAM-SYR	JPN-AIN1	IRI	GRE-PAN
10:16	10:33	GRE-PAN	ALG	MAS-POL	JAM-SYR	JPN-AIN1	IRI
10:33	10:50	IRI	GRE-PAN	ALG	MAS-POL	JAM-SYR	JPN-AIN1
10:50	11:08	JPN-AIN1	IRI	GRE-PAN	ALG	MAS-POL	JAM-SYR
11:08	11:23	JAM-SYR	JPN-AIN1	IRI	GRE-PAN	ALG	MAS-POL
11:23	11:40	MAS-POL	JAM-SYR	JPN-AIN1	IRI	GRE-PAN	ALG

Warm-up

Subdivision 1		FX	PH	SR	VT	PB	HB
General Warm-up							
10:05	10:20						
10:20	10:35	AUT	CRO-SRI	GBR-LTU	KAZ-VIE	BEL-NAM	BRA-JOR
10:35	10:45	BRA-JOR	AUT	CRO-SRI	GBR-LTU	KAZ-VIE	BEL-NAM
10:45	10:57	BEL-NAM	BRA-JOR	AUT	CRO-SRI	GBR-LTU	KAZ-VIE
10:57	11:10	KAZ-VIE	BEL-NAM	BRA-JOR	AUT	CRO-SRI	GBR-LTU
11:10	11:22	GBR-LTU	KAZ-VIE	BEL-NAM	BRA-JOR	AUT	CRO-SRI
11:22	11:35	CRO-SRI	GBR-LTU	KAZ-VIE	BEL-NAM	BRA-JOR	AUT

FOP

		Transition Podium					
11:35	11:50						
11:50	12:06	CRO-SRI	GBR-LTU	KAZ-VIE	BEL-NAM	BRA-JOR	AUT
12:06	12:23	AUT	CRO-SRI	GBR-LTU	KAZ-VIE	BEL-NAM	BRA-JOR
12:23	12:40	BRA-JOR	AUT	CRO-SRI	GBR-LTU	KAZ-VIE	BEL-NAM
12:40	12:56	BEL-NAM	BRA-JOR	AUT	CRO-SRI	GBR-LTU	KAZ-VIE
12:56	13:13	KAZ-VIE	BEL-NAM	BRA-JOR	AUT	CRO-SRI	GBR-LTU
13:13	13:30	GBR-LTU	KAZ-VIE	BEL-NAM	BRA-JOR	AUT	CRO-SRI

Friday, 17 October 2025						
Stretching Appt.	Training Hall #1	Stretching Appt.	Training Hall #2	Warm-up Hall	FOP	
7:15:00						
7:30:00						
7:45:00						
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22:45:00						
23:00:00						

MAG Podium Training Sub 7-8

General Warm-up		Apparatus Training		Warm-up		FOP	
Start	Finish	Start	Finish	Start	Finish	Start	Finish
S-DIV 1	8:45:00	9:00:00	9:00:00				
S-DIV 2	10:45:00	11:00:00	11:00:00				
S-DIV 3	12:45:00	13:00:00	13:00:00				
S-DIV 4	14:15:00	14:30:00	14:30:00				
S-DIV 5	17:45:00	18:00:00	18:00:00				
S-DIV 6	18:45:00	19:00:00	19:00:00				
S-DIV 7	16:30:00	16:15:00	16:15:00	8:15:00	9:45:00	10:00:00	11:40:00
S-DIV 8	17:15:00	17:30:00	17:30:00	10:05:00	11:35:00	11:50:00	13:30:00

Training Hall #1

Subdivision 1		FX	PH	SR	VT	PB	HB
General Warm-up							
8:45	9:00	ALG	MAS-POL	JAM-SYR	JPN-AIN	IRI	GRE-PAN
9:30	10:00	GRE-PAN	ALG	MAS-POL	JAM-SYR	JPN-AIN	IRI
10:00	10:30	IRI	GRE-PAN	ALG	MAS-POL	JAM-SYR	JPN-AIN
10:30	11:00	JPN-AIN	IRI	GRE-PAN	ALG	MAS-POL	JAM-SYR
11:00	11:30	JAM-SYR	JPN-AIN	IRI	GRE-PAN	ALG	MAS-POL
11:30	12:00	MAS-POL	JAM-SYR	JPN-AIN	IRI	GRE-PAN	ALG

30 min/rotation 00:30

Subdivision 3		FX	PH	SR	VT	PB	HB
General Warm-up							
12:45	13:00	HUN	CHM-MGL	ITA	PER-MON	NOR	UKR
13:00	13:30	HUN	CHM-MGL	ITA	PER-MON	NOR	UKR
13:30	14:00	UKR	HUN	CHM-MGL	ITA	PER-MON	NOR
14:00	14:30	NOR	UKR	HUN	CHM-MGL	ITA	PER-MON
14:30	15:00	PER-MON	NOR	UKR	HUN	CHM-MGL	ITA
15:00	15:30	ITA	PER-MON	NOR	UKR	HUN	CHM-MGL
15:30	16:00	CHM-MGL	ITA	PER-MON	NOR	UKR	HUN

15 min/rotation 00:15

Subdivision 7		FX	PH	SR	VT	PB	HB
General Warm-up							
16:00	16:15	POR-DEN	ISR-VEN	AUS-SRB	INA	IND-PUR	SLO-HKG
16:15	16:30	POR-DEN	ISR-VEN	AUS-SRB	INA	IND-PUR	SLO-HKG
16:30	16:45	SLO-HKG	POR-DEN	ISR-VEN	AUS-SRB	INA	IND-PUR
16:45	17:00	IND-PUR	SLO-HKG	POR-DEN	ISR-VEN	AUS-SRB	INA
17:00	17:15	INA	IND-PUR	SLO-HKG	POR-DEN	ISR-VEN	AUS-SRB
17:15	17:30	AUS-SRB	INA	IND-PUR	SLO-HKG	POR-DEN	ISR-VEN
17:30	17:45	ISR-VEN	AUS-SRB	INA	IND-PUR	SLO-HKG	POR-DEN

30 min/rotation 00:30

Subdivision 5		FX	PH	SR	VT	PB	HB
General Warm-up							
17:45	18:00	KOR-RSA	GER-CUB	ESP-CYP	SUI	ISL-CAY	BUL-UZB
18:00	18:30	KOR-RSA	GER-CUB	ESP-CYP	SUI	ISL-CAY	BUL-UZB
18:30	19:00	BUL-UZB	KOR-RSA	GER-CUB	ESP-CYP	SUI	ISL-CAY
19:00	19:30	ISL-CAY	BUL-UZB	KOR-RSA	GER-CUB	ESP-CYP	SUI
19:30	20:00	SUI	ISL-CAY	BUL-UZB	KOR-RSA	GER-CUB	ESP-CYP
20:00	20:30	ESP-CYP	SUI	ISL-CAY	BUL-UZB	KOR-RSA	GER-CUB
20:30	21:00	GER-CUB	ESP-CYP	SUI	ISL-CAY	BUL-UZB	KOR-RSA

Training Hall #2

Subdivision 2		FX	PH	SR	VT	PB	HB
General Warm-up							
10:45	11:00	CRO-SRI	GBR-LTU	KAZ-VIE	BEL-NAM	BRA-JOR	AUT
11:00	11:30	CRO-SRI	GBR-LTU	KAZ-VIE	BEL-NAM	BRA-JOR	AUT
11:30	12:00	AUT	CRO-SRI	GBR-LTU	KAZ-VIE	BEL-NAM	BRA-JOR
12:00	12:30	BRA-JOR	AUT	CRO-SRI	GBR-LTU	KAZ-VIE	BEL-NAM
12:30	13:00	BEL-NAM	BRA-JOR	AUT	CRO-SRI	GBR-LTU	KAZ-VIE
13:00	13:30	KAZ-VIE	BEL-NAM	BRA-JOR	AUT	CRO-SRI	GBR-LTU
13:30	14:00	GBR-LTU	KAZ-VIE	BEL-NAM	BRA-JOR	AUT	CRO-SRI

30 min/rotation 00:30

Subdivision 4		FX	PH	SR	VT	PB	HB
General Warm-up							
14:15	14:30	FIN	CHN	IND-PUR	ISR-VEN	AUS-SRB	INA
14:30	15:00	FIN	CHN	IND-PUR	ISR-VEN	AUS-SRB	INA
15:00	15:30	USA-LAT	FIN	CHN	IND-PUR	ISR-VEN	AUS-SRB
15:30	16:00	TPE	USA-LAT	FIN	CHN	IND-PUR	ISR-VEN
16:00	16:30	NZL-ARM	TPE	USA-LAT	FIN	CHN	IND-PUR
16:30	17:00	NED-EGY	NZL-ARM	TPE	USA-LAT	FIN	CHN
17:00	17:30	FIN	CHN	IND-PUR	ISR-VEN	AUS-SRB	INA

15 min/rotation 00:15

Subdivision 8		FX	PH	SR	VT	PB	HB
General Warm-up							
17:15	17:30	AZE	FIN	CHN	TUR-CMR	CAN	FRA-TTO
17:30	17:45	AZE	FIN	CHN	TUR-CMR	CAN	FRA-TTO
17:45	18:00	FRA-TTO	AZE	FIN	CHN	TUR-CMR	CAN
18:00	18:15	CAN	FRA-TTO	AZE	FIN	CHN	TUR-CMR
18:15	18:30	TUR-CMR	CAN	FRA-TTO	AZE	FIN	CHN
18:30	18:45	CHN	TUR-CMR	CAN	FRA-TTO	AZE	FIN
18:45	19:00	FIN	CHN	TUR-CMR	CAN	FRA-TTO	AZE

30 min/rotation 00:30

Subdivision 6		FX	PH	SR	VT	PB	HB
General Warm-up							
18:45	19:00	BAN-THA	MEX-SGP	CZE-MAR	COL-QAT	SWI-LUX	PHI-ALB
19:00	19:30	BAN-THA	MEX-SGP	CZE-MAR	COL-QAT	SWI-LUX	PHI-ALB
19:30	20:00	PHI-ALB	BAN-THA	MEX-SGP	CZE-MAR	COL-QAT	SWI-LUX
20:00	20:30	SWI-LUX	PHI-ALB	BAN-THA	MEX-SGP	CZE-MAR	COL-QAT
20:30	21:00	COL-QAT	SWI-LUX	PHI-ALB	BAN-THA	MEX-SGP	CZE-MAR
21:00	21:30	CZE-MAR	COL-QAT	SWI-LUX	PHI-ALB	BAN-THA	MEX-SGP
21:30	22:00	MEX-SGP	CZE-MAR	COL-QAT	SWI-LUX	PHI-ALB	BAN-THA



53rd
Artistic Gymnastics
World Championships
Jakarta 2025

Warm-up

Subdivision 7		FX	PH	SR	VT	PB	HB
General Warm-up							
8:15	8:30	SLO-HKG	POR-DEN	ISR-VEN	AUS-SRB	INA	IND-PUR
8:30	8:45	SLO-HKG	POR-DEN	ISR-VEN	AUS-SRB	INA	IND-PUR
8:45	8:55	IND-PUR	SLO-HKG	POR-DEN	ISR-VEN	AUS-SRB	INA
8:55	9:07	INA	IND-PUR	SLO-HKG	POR-DEN	ISR-VEN	AUS-SRB
9:07	9:20	AUS-SRB	INA	IND-PUR	SLO-HKG	POR-DEN	ISR-VEN
9:20	9:32	ISR-VEN	AUS-SRB	INA	IND-PUR	SLO-HKG	POR-DEN
9:32	9:45	POR-DEN	ISR-VEN	AUS-SRB	INA	IND-PUR	SLO-HKG

12 min and 30 sec/rot 00:12

Subdivision 8		FX	PH	SR	VT	PB	HB
General Warm-up							
10:05	10:20	FRA-TTO	AZE	FIN	CHN	TUR-CMR	CAN
10:20	10:32	FRA-TTO	AZE	FIN	CHN	TUR-CMR	CAN
10:32	10:45	CAN	FRA-TTO	AZE	FIN	CHN	TUR-CMR
10:45	10:57	TUR-CMR	CAN	FRA-TTO	AZE	FIN	CHN
10:57	11:10	CHN	TUR-CMR	CAN	FRA-TTO	AZE	FIN
11:10	11:22	FIN	CHN	TUR-CMR	CAN	FRA-TTO	AZE
11:22	11:35	AZE	FIN	CHN	TUR-CMR	CAN	FRA-TTO

FOP

Subdivision 7		FX	PH	SR	VT	PB	HB
Transition Podium							
9:45	10:00	POR-DEN	ISR-VEN	AUS-SRB	INA	IND-PUR	SLO-HKG
10:00	10:16	POR-DEN	ISR-VEN	AUS-SRB	INA	IND-PUR	SLO-HKG
10:16	10:33	SLO-HKG	POR-DEN	ISR-VEN	AUS-SRB	INA	IND-PUR
10:33	10:50	IND-PUR	SLO-HKG	POR-DEN	ISR-VEN	AUS-SRB	INA
10:50	11:08	INA	IND-PUR	SLO-HKG	POR-DEN	ISR-VEN	AUS-SRB
11:08	11:23	AUS-SRB	INA	IND-PUR	SLO-HKG	POR-DEN	ISR-VEN
11:23	11:40	ISR-VEN	AUS-SRB	INA	IND-PUR	SLO-HKG	POR-DEN

16 min 40 sec/rot 00:16

11:35	11:50	Transition Podium					
11:50	12:06	AZE	FIN	CHN	TUR-CMR	CAN	FRA-TTO
12:06	12:23	FRA-TTO	AZE	FIN	CHN	TUR-CMR	CAN
12:23	12:40	CAN	FRA-TTO	AZE	FIN	CHN	TUR-CMR
12:40	12:56	TUR-CMR	CAN	FRA-TTO	AZE	FIN	CHN
12:56	13:13	CHN	TUR-CMR	CAN	FRA-TTO	AZE	FIN
13:13	13:30	FIN	CHN	TUR-CMR	CAN	FRA-TTO	AZE

Saturday, 18 October 2025

	Stretching Area	Training Hall #1	Stretching Area	Training Hall #2	Warm-Up Hall	FOP
7:15:00						
7:30:00						
7:45:00						
8:00:00						
8:15:00						
8:30:00						
8:45:00	S-DIV 7 08:45-09:00		S-DIV 1 08:45-09:00			
9:00:00						
9:15:00						
9:30:00						
9:45:00						
10:00:00						
10:15:00						
10:30:00		S-DIV 7 09:00-12:00		S-DIV 1 09:00-12:00		
10:45:00						
11:00:00						
11:15:00						
11:30:00						
11:45:00	S-DIV 8 11:45-12:00		S-DIV 2 11:45-12:00			
12:00:00						
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12:30:00						
12:45:00						
13:00:00		S-DIV 8 12:00-15:00		S-DIV 2 12:00-15:00		
13:15:00						
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14:30:00						
14:45:00	S-DIV 4 14:45-15:00		S-DIV 3 14:45-15:00			
15:00:00						
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15:45:00						
16:00:00						
16:15:00		S-DIV 4 15:00-18:00		S-DIV 3 15:00-18:00		
16:30:00						
16:45:00						
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17:15:00						
17:30:00						
17:45:00	S-DIV 6 17:45-18:00		S-DIV 5 17:45-18:00			
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18:45:00						
19:00:00						
19:15:00		S-DIV 6 18:00-21:00		S-DIV 5 18:00-21:00		
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MAG Training Day

	General Warm-up		Apparatus Training	
	Start	Finish	Start	Finish
S-DIV 1	8:45:00	9:00:00	9:00:00	12:00:00
S-DIV 2	11:45:00	12:00:00	12:00:00	15:00:00
S-DIV 3	14:45:00	15:00:00	15:00:00	18:00:00
S-DIV 4	14:45:00	15:00:00	15:00:00	18:00:00
S-DIV 5	17:45:00	18:00:00	18:00:00	21:00:00
S-DIV 6	17:45:00	18:00:00	18:00:00	21:00:00
S-DIV 7	8:45:00	9:00:00	9:00:00	12:00:00
S-DIV 8	11:45:00	12:00:00	12:00:00	15:00:00

Training Hall #1

30 min/rotation		00:30					
Subdivision 7		FX	PH	SR	VT	PB	HB
8:45	9:00	General Warm-up					
9:00	9:30	POR-DEN	ISR-VEN	AUS-SRB	INA	IND-PUR	SLO-HKG
9:30	10:00	SLO-HKG	POR-DEN	ISR-VEN	AUS-SRB	INA	IND-PUR
10:00	10:30	IND-PUR	SLO-HKG	POR-DEN	ISR-VEN	AUS-SRB	INA
10:30	11:00	INA	IND-PUR	SLO-HKG	POR-DEN	ISR-VEN	AUS-SRB
11:00	11:30	AUS-SRB	INA	IND-PUR	SLO-HKG	POR-DEN	ISR-VEN
11:30	12:00	ISR-VEN	AUS-SRB	INA	IND-PUR	SLO-HKG	POR-DEN

30 min/rotation		00:30					
Subdivision 8		FX	PH	SR	VT	PB	HB
11:45	12:00	General Warm-up					
12:00	12:30	AZE	FIN	CHN	TUR-CMR	CAN	FRA-TTO
12:30	13:00	FRA-TTO	AZE	FIN	CHN	TUR-CMR	CAN
13:00	13:30	CAN	FRA-TTO	AZE	FIN	CHN	TUR-CMR
13:30	14:00	TUR-CMR	CAN	FRA-TTO	AZE	FIN	CHN
14:00	14:30	CHN	TUR-CMR	CAN	FRA-TTO	AZE	FIN
14:30	15:00	FIN	CHN	TUR-CMR	CAN	FRA-TTO	AZE

30 min/rotation		00:30					
Subdivision 4		FX	PH	SR	VT	PB	HB
14:45	15:00	General Warm-up					
15:00	15:30		AIN2	NED-EGY	NZL-ARM	TPE	USA-LAT
15:30	16:00	USA-LAT		AIN2	NED-EGY	NZL-ARM	TPE
16:00	16:30	TPE	USA-LAT		AIN2	NED-EGY	NZL-ARM
16:30	17:00	NZL-ARM	TPE	USA-LAT		AIN2	NED-EGY
17:00	17:30	NED-EGY	NZL-ARM	TPE	USA-LAT		AIN2
17:30	18:00	AIN2	NED-EGY	NZL-ARM	TPE	USA-LAT	

30 min/rotation		00:30					
Subdivision 6		FX	PH	SR	VT	PB	HB
17:45	18:00	General Warm-up					
18:00	18:30	BAN-THA	MEX-SGP	CZE-MAR	COL-QAT	SWE-LUX	PHI-ALB
18:30	19:00	PHI-ALB	BAN-THA	MEX-SGP	CZE-MAR	COL-QAT	SWE-LUX
19:00	19:30	SWE-LUX	PHI-ALB	BAN-THA	MEX-SGP	CZE-MAR	COL-QAT
19:30	20:00	COL-QAT	SWE-LUX	PHI-ALB	BAN-THA	MEX-SGP	CZE-MAR
20:00	20:30	CZE-MAR	COL-QAT	SWE-LUX	PHI-ALB	BAN-THA	MEX-SGP
20:30	21:00	MEX-SGP	CZE-MAR	COL-QAT	SWE-LUX	PHI-ALB	BAN-THA



Training Hall #2

30 min/rotation		00:30					
Subdivision 1		FX	PH	SR	VT	PB	HB
8:45	9:00	General Warm-up					
9:00	9:30	ALG	MAS-POL	JAM-SYR	JPN-AIN1	IRI	GRE-PAN
9:30	10:00	GRE-PAN	ALG	MAS-POL	JAM-SYR	JPN-AIN1	IRI
10:00	10:30	IRI	GRE-PAN	ALG	MAS-POL	JAM-SYR	JPN-AIN1
10:30	11:00	JPN-AIN1	IRI	GRE-PAN	ALG	MAS-POL	JAM-SYR
11:00	11:30	JAM-SYR	JPN-AIN1	IRI	GRE-PAN	ALG	MAS-POL
11:30	12:00	MAS-POL	JAM-SYR	JPN-AIN1	IRI	GRE-PAN	ALG

30 min/rotation		00:30					
Subdivision 2		FX	PH	SR	VT	PB	HB
11:45	12:00	General Warm-up					
12:00	12:30	CRO-SRI	GBR-LTU	KAZ-VIE	BEL-NAM	BRA-JOR	AUT
12:30	13:00	AUT	CRO-SRI	GBR-LTU	KAZ-VIE	BEL-NAM	BRA-JOR
13:00	13:30	BRA-JOR	AUT	CRO-SRI	GBR-LTU	KAZ-VIE	BEL-NAM
13:30	14:00	BEL-NAM	BRA-JOR	AUT	CRO-SRI	GBR-LTU	KAZ-VIE
14:00	14:30	KAZ-VIE	BEL-NAM	BRA-JOR	AUT	CRO-SRI	GBR-LTU
14:30	15:00	GBR-LTU	KAZ-VIE	BEL-NAM	BRA-JOR	AUT	CRO-SRI

30 min/rotation		00:30					
Subdivision 3		FX	PH	SR	VT	PB	HB
14:45	15:00	General Warm-up					
15:00	15:30	HUN	CHI-MGL	ITA	PER-MON	NOR	UKR
15:30	16:00	UKR	HUN	CHI-MGL	ITA	PER-MON	NOR
16:00	16:30	NOR	UKR	HUN	CHI-MGL	ITA	PER-MON
16:30	17:00	PER-MON	NOR	UKR	HUN	CHI-MGL	ITA
17:00	17:30	ITA	PER-MON	NOR	UKR	HUN	CHI-MGL
17:30	18:00	CHI-MGL	ITA	PER-MON	NOR	UKR	HUN

30 min/rotation		00:30					
Subdivision 5		FX	PH	SR	VT	PB	HB
17:45	18:00	General Warm-up					
18:00	18:30	KOR-RSA	GER-CUB	ESP-CYP	SUI	ISL-CAY	BUL-UZB
18:30	19:00	BUL-UZB	KOR-RSA	GER-CUB	ESP-CYP	SUI	ISL-CAY
19:00	19:30	ISL-CAY	BUL-UZB	KOR-RSA	GER-CUB	ESP-CYP	SUI
19:30	20:00	SUI	ISL-CAY	BUL-UZB	KOR-RSA	GER-CUB	ESP-CYP
20:00	20:30	ESP-CYP	SUI	ISL-CAY	BUL-UZB	KOR-RSA	GER-CUB
20:30	21:00	GER-CUB	ESP-CYP	SUI	ISL-CAY	BUL-UZB	KOR-RSA

Sunday, 19 October 2025									
Stretching Judo	Training Hall #1	Stretching Judo	Training Hall #2	Warm-Up Hall	FOP				
17:00									
17:30									
7:45									
8:00									
8:15									
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21:45									
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22:15									
22:30									
22:45									
23:00									

MAG Qualifications Sub 1-6									
General Warm-up					Apparatus Training				
Start	Finish	Start	Finish	Start	Finish	Start	Finish	Start	Finish
S-DIV 1	16:00:00	16:15:00	16:15:00	17:45:00	8:15:00	9:45:00	10:00:00	11:45:00	11:45:00
S-DIV 2	17:30:00	17:45:00	17:45:00	19:15:00	10:05:00	11:35:00	11:50:00	13:30:00	13:30:00
S-DIV 3	20:00:00	20:15:00	20:15:00	21:45:00	12:30:00	14:00:00	14:15:00	15:55:00	15:55:00
S-DIV 4	8:30:00	8:45:00	8:45:00	10:15:00	14:20:00	15:50:00	16:05:00	17:45:00	17:45:00
S-DIV 5	11:00:00	11:15:00	11:15:00	12:45:00	16:45:00	18:15:00	18:30:00	20:10:00	20:10:00
S-DIV 6	12:45:00	13:00:00	13:00:00	14:30:00	18:35:00	20:05:00	20:20:00	22:00:00	22:00:00
S-DIV 7	8:45:00	9:00:00	9:00:00	12:00:00					
S-DIV 8	11:45:00	12:00:00	12:00:00	15:00:00					



Training Hall #1									
30 min/rotation		00:30							
Subdivision /		FX	PH	SR	VT	PB	HB		
8:45	9:00	General Warm-up							
9:00	9:30	POR-DEN	ISR-VEN	AUS-SRB	INA	IND-PUR	SLO-HKG		
9:30	10:00	SLO-HKG	POR-DEN	ISR-VEN	AUS-SRB	INA	IND-PUR		
10:00	10:30	IND-PUR	SLO-HKG	POR-DEN	ISR-VEN	AUS-SRB	INA		
10:30	11:00	INA	IND-PUR	SLO-HKG	POR-DEN	ISR-VEN	AUS-SRB		
11:00	11:30	AUS-SRB	INA	IND-PUR	SLO-HKG	POR-DEN	ISR-VEN		
11:30	12:00	ISR-VEN	AUS-SRB	INA	IND-PUR	SLO-HKG	POR-DEN		

Training Hall #2							
15 min/rotation		00:15					
Subdivision 4		FX	PH	SR	VT	PB	HB
General Warm-up							
8:45	9:00						
9:00	9:15		AIN2	NED-EGY	NZL-ARM	TPE	USA-LAT
9:15	9:30	USA-LAT		AIN2	NED-EGY	NZL-ARM	TPE
9:30	9:45	TPE	USA-LAT	AIN2	NED-EGY	NZL-ARM	NED-EGY
9:45	10:00	NZL-ARM	TPE	USA-LAT	AIN2	AIN2	NED-EGY
10:00	10:15	NED-EGY	NZL-ARM	TPE	USA-LAT		AIN2
10:15	10:30	AIN2	NED-EGY	NZL-ARM	TPE	USA-LAT	

30 min/rotation		00:30						
Subdivision 1	Subdivision 2	FX	PH	SR	VT	PB	HD	
11:45	12:00	General Warm-up						
12:00	12:30	AZE	FIN	CHN	TUR-CMR	CAN	FRA-TTO	
12:30	13:00	FRA-TTO	AZE	FIN	CHN	TUR-CMR	CAN	
13:00	13:30	CAN	FRA-TTO	AZE	FIN	CHN	TUR-CMR	
13:30	14:00	TUR-CMR	CAN	FRA-TTO	AZE	FIN	CHN	
14:00	14:30	CHN	TUR-CMR	CAN	FRA-TTO	AZE	FIN	
14:30	15:00	FIN	CHN	TUR-CMR	CAN	FRA-TTO	AZE	

15 min/rotation		00:15						
Subdivision 5		FX	PH	SR	VT	PB	HB	
11:00	11:15	General Warm-up						
11:15	11:30	KOR-RSA	GER-CUB	ESP-CYP	SUI	ISL-CAY	BUL-UZB	
11:30	11:45	BUL-UZB	KOR-RSA	GER-CUB	ESP-CYP	SUI	ISL-CAY	
11:45	12:00	ISL-CAY	BUL-UZB	KOR-RSA	GER-CUB	ESP-CYP	SUI	
12:00	12:15	SUI	ISL-CAY	BUL-UZB	KOR-RSA	GER-CUB	ESP-CYP	
12:15	12:30	ESP-CYP	SUI	ISL-CAY	BUL-UZB	KOR-RSA	GER-CUB	
12:30	12:45	GER-CUB	ESP-CYP	SUI	ISL-CAY	BUL-UZB	KOR-RSA	

15 min/rotation		00:15							
Subdivision 1		FX	PH	SR	VT	PB	HB		
16:00	16:15	General Warm-up							
16:15	16:30	ALG	MAS-POL	JAM-SYR	JPN-AIN1	IRI	GRE-PAN		
16:30	16:45	GRE-PAN	ALG	MAS-POL	JAM-SYR	JPN-AIN1	IRI		
16:45	17:00	IRI	GRE-PAN	ALG	MAS-POL	JAM-SYR	JPN-AIN1		
17:00	17:15	JPN-AIN1	IRI	GRE-PAN	ALG	MAS-POL	JAM-SYR		
17:15	17:30	MAS-POL	JPN-AIN1	IRI	GRE-PAN	ALG	MAS-POL		
17:30	17:45	JAM-SYR	JAM-SYR	JPN-AIN1	IRI	GRE-PAN	ALG		

15 min/rotation		00:15					
Subdivision 6		FX	PH	SR	VT	PB	HB
12:45	13:00	General Warm-up					
13:00	13:15	BAN-THA	MEX-SGP	CZE-MAR	COL-QAT	SWE-LUX	PHI-ALB
13:15	13:30	PHI-ALB	BAN-THA	MEX-SGP	CZE-MAR	COL-QAT	SWE-LUX
13:30	13:45	SWE-LUX	PHI-ALB	BAN-THA	MEX-SGP	CZE-MAR	COL-QAT
13:45	14:00	COL-QAT	SWE-LUX	PHI-ALB	BAN-THA	MEX-SGP	CZE-MAR
14:00	14:15	CZE-MAR	COL-QAT	SWE-LUX	PHI-ALB	BAN-THA	MEX-SGP
14:15	14:30	MEX-SGP	CZE-MAR	COL-QAT	SWE-LUX	PHI-ALB	BAN-THA

15 min/rotation		00:15						
Subdivision 3		FX	PH	SR	VT	PB	HB	
20:00	20:15	General Warm-up						
20:15	20:30	HUN	CHM-MGL	ITA	PER-MON	NOR	UKR	
20:30	20:45	UKR	HUN	CHM-MGL	ITA	PER-MON	NOR	
20:45	21:00	NOR	UKR	HUN	CHM-MGL	ITA	PER-MON	
21:00	21:15	PER-MON	NOR	UKR	HUN	CHM-MGL	ITA	
21:15	21:30	ITA	PER-MON	NOR	UKR	HUN	CHM-MGL	
21:30	21:45	CHM-MGL	ITA	PER-MON	NOR	UKR	HUN	

15 min/rotation		00:15							
Subdivision 2		FX	PH	SR	VT	PB	HB		
17:30	17:45	General Warm-up							
17:45	18:00	CRO-SRI	GBR-LTU	KAZ-VIE	BEL-NAM	BRA-JOR	AUT		
18:00	18:15	AUT	CRO-SRI	GBR-LTU	KAZ-VIE	BEL-NAM	BRA-JOR		
18:15	18:30	BRA-JOR	AUT	CRO-SRI	GBR-LTU	KAZ-VIE	BEL-NAM		
18:30	18:45	BEL-NAM	BRA-JOR	AUT	CRO-SRI	GBR-LTU	KAZ-VIE		
18:45	19:00	KAZ-VIE	BEL-NAM	BRA-JOR	AUT	CRO-SRI	GBR-LTU		
19:00	19:15	GBR-LTU	KAZ-VIE	BEL-NAM	BRA-JOR	AUT	CRO-SRI		

MAG Qualifications Sub 7-8

Training Hall #1

30 min/rotation 00:30

15 min/rotation 00:15

30 min/rotation 00:30



53rd
Artistic Gymnastics
World Championships
Jakarta 2025

Training Hall #2

30 min/rotation 00:30

15 min/rotation 00:15

30 min/rotation 00:30

Warm-up

12 min and 30 sec/rot. 00:12

FOP

16 min 40 sec/rot. 00:16

	Stretching Area	Trained Hall #1	Warm-Up Hall	FOP
7:15:00				
7:30:00				
7:45:00				
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22:15:00				
22:30:00				
22:45:00				
23:00:00				

* Non qualified Gymnasts and NF substitute
** for NF without qualified MAG Gymnast

25 min/rot		00:25					
MAG AA - Training		FX	PH	SR	VT	PB	HB
General Warm-up							
18:00	18:30						
18:30	18:55	AA Q1-Q4	AA Q5-Q8	AA Q9-Q12 + R4**	AA Q13-Q16 + R3**	AA Q17-Q20 + R2**	AA Q21-Q24 + R1**
18:55	19:20	AA Q21-Q24 + R1**	AA Q1-Q4	AA Q5-Q8	AA Q13-Q12 + R4**	AA Q13-Q16 + R3**	AA Q17-Q20 + R2**
19:20	19:45	AA Q17-Q20 + R2**	AA Q9-Q12 + R4**	AA Q5-Q8	AA Q13-Q16 + R3**	AA Q17-Q20 + R2**	AA Q21-Q16 + R3**
19:45	20:10	AA Q17-Q20 + R2**	AA Q1-Q24 + R1**	AA Q21-Q24 + R1**	AA Q5-Q8	AA Q13-Q16 + R3**	AA Q17-Q20 + R2**
20:10	20:35	AA Q9-Q12 + R4**	AA Q13-Q16 + R3**	AA Q17-Q20 + R2**	AA Q21-Q24 + R1**	AA Q1-Q4	AA Q5-Q8
20:35	21:00	AA Q5-Q8	AA Q9-Q12 + R4**	AA Q13-Q16 + R3**	AA Q17-Q20 + R2**	AA Q21-Q24 + R1**	AA Q1-Q4



[illegible]

* Non qualified Gymnasts and NF substitute
** for NF without qualified MAG Gymnast



FOP									
22 min 30 repeat									
00:22									
18 min 18 second		FX	PH	GR	Intermittent (FOP)		P10		HB
18:15	18:30		AA Q5-2B	AA Q5-12 + R3*	AA Q5-18 + R3*	AA Q5-20 + R2*	AA Q5-22 + R1*	AA Q5-24 + R1*	
18:30	18:45	AA Q1-04	AA Q5-2B	AA Q5-12 + R3*	AA Q5-18 + R3*	AA Q5-20 + R2*	AA Q5-22 + R1*	AA Q5-24 + R1*	
18:45	19:00	AA Q1-04 + R1*	AA Q1-04	AA Q5-2B	AA Q5-12 + R4*	AA Q5-18 + R3*	AA Q5-20 + R2*	AA Q5-22 + R1*	
19:00	19:15		AA Q1-04 + R1*	AA Q5-2B	AA Q5-12 + R4*	AA Q5-18 + R3*	AA Q5-20 + R2*	AA Q5-22 + R1*	
19:15	19:30	AA Q1-04 + R1*	AA Q1-04 + R1*	AA Q5-2B	AA Q5-12 + R4*	AA Q5-18 + R3*	AA Q5-20 + R2*	AA Q5-22 + R1*	
19:30	19:45	AA Q1-04 + R1*	AA Q1-04 + R1*	AA Q5-2B	AA Q5-12 + R4*	AA Q5-18 + R3*	AA Q5-20 + R2*	AA Q5-22 + R1*	
19:45	20:00	AA Q1-04 + R1*	AA Q1-04 + R1*	AA Q5-2B	AA Q5-12 + R4*	AA Q5-18 + R3*	AA Q5-20 + R2*	AA Q5-22 + R1*	
20:00	20:15	AA Q1-04 + R1*	AA Q1-04 + R1*	AA Q5-2B	AA Q5-12 + R4*	AA Q5-18 + R3*	AA Q5-20 + R2*	AA Q5-22 + R1*	
20:15	20:30	AA Q1-04 + R1*	AA Q1-04 + R1*	AA Q5-2B	AA Q5-12 + R4*	AA Q5-18 + R3*	AA Q5-20 + R2*	AA Q5-22 + R1*	
20:30	20:45	AA Q1-04 + R1*	AA Q1-04 + R1*	AA Q5-2B	AA Q5-12 + R4*	AA Q5-18 + R3*	AA Q5-20 + R2*	AA Q5-22 + R1*	
20:45	21:00	AA Q1-04 + R1*	AA Q1-04 + R1*	AA Q5-2B	AA Q5-12 + R4*	AA Q5-18 + R3*	AA Q5-20 + R2*	AA Q5-22 + R1*	

Thursday, 23 October 2025				
	Stretching Area	Training Hall #1	Warm-Up Hall	FOP
7:15:00				
7:30:00				
7:45:00				
8:00:00				
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22:45:00				
23:00:00				

MAG Training Day															
	General Warm-up		Apparatus Training		Warm-up		FOP			FX	PH	SR	VT	PB	HB
	Start	Finish	Start	Finish	Start	Finish	Start	Finish							
MAG App. Fin.	15:00:00	15:30:00	15:30:00	18:00:00						FX Q1-Q8 + R	PH Q1-Q8 + R	SR Q1-Q8 + R	VT Q1-Q8 + R	PB Q1-Q8 + R	HB Q1-Q8 + R
MAG Open *	12:00:00	12:30:00	12:30:00	15:00:00											

* Non qualified Gymnasts and NF substitute

Training Hall #1							
25 min/rot.		00:25					
Mats Open - Training		FX	PH	SR	VT	PB	HB
12:00	12:30	General Warm-up					
12:30	12:55	Open Training					
12:55	13:20						
13:20	13:45						
13:45	14:10						
14:10	14:35						
14:35	15:00						

25 min/rot.		00:25					
MAG AF - Training		FX	PH	SR	VT	PB	HB
15:00	15:30	General Warm-up					
15:30	15:55	FX Q1-Q8 + R	PH Q1-Q8 + R	SR Q1-Q8 + R	VT Q1-Q8 + R	PB Q1-Q8 + R	HB Q1-Q8 + R
15:55	16:20						
16:20	16:45						
16:45	17:10						
17:10	17:35						
17:35	18:00						



Friday, 24 October 2020			
Start time	End time	Activity	Location
7:00:00	7:20:00	Prayer	Prayer Room
7:20:00	7:40:00	Prayer	Prayer Room
7:40:00	8:00:00	Prayer	Prayer Room
8:00:00	8:20:00	Prayer	Prayer Room
8:20:00	8:40:00	Prayer	Prayer Room
8:40:00	9:00:00	Prayer	Prayer Room
9:00:00	9:20:00	Prayer	Prayer Room
9:20:00	9:40:00	Prayer	Prayer Room
9:40:00	10:00:00	Prayer	Prayer Room
10:00:00	10:20:00	Prayer	Prayer Room
10:20:00	10:40:00	Prayer	Prayer Room
10:40:00	11:00:00	Prayer	Prayer Room
11:00:00	11:20:00	Prayer	Prayer Room
11:20:00	11:40:00	Prayer	Prayer Room
11:40:00	12:00:00	Prayer	Prayer Room
12:00:00	12:20:00	Prayer	Prayer Room
12:20:00	12:40:00	Prayer	Prayer Room
12:40:00	13:00:00	Prayer	Prayer Room
13:00:00	13:20:00	Prayer	Prayer Room
13:20:00	13:40:00	Prayer	Prayer Room
13:40:00	14:00:00	Prayer	Prayer Room
14:00:00	14:20:00	Prayer	Prayer Room
14:20:00	14:40:00	Prayer	Prayer Room
14:40:00	15:00:00	Prayer	Prayer Room
15:00:00	15:20:00	Prayer	Prayer Room
15:20:00	15:40:00	Prayer	Prayer Room
15:40:00	16:00:00	Prayer	Prayer Room
16:00:00	16:20:00	Prayer	Prayer Room
16:20:00	16:40:00	Prayer	Prayer Room
16:40:00	17:00:00	Prayer	Prayer Room
17:00:00	17:20:00	Prayer	Prayer Room
17:20:00	17:40:00	Prayer	Prayer Room
17:40:00	18:00:00	Prayer	Prayer Room
18:00:00	18:20:00	Prayer	Prayer Room
18:20:00	18:40:00	Prayer	Prayer Room
18:40:00	19:00:00	Prayer	Prayer Room
19:00:00	19:20:00	Prayer	Prayer Room
19:20:00	19:40:00	Prayer	Prayer Room
19:40:00	20:00:00	Prayer	Prayer Room
20:00:00	20:20:00	Prayer	Prayer Room
20:20:00	20:40:00	Prayer	Prayer Room
20:40:00	21:00:00	Prayer	Prayer Room
21:00:00	21:20:00	Prayer	Prayer Room
21:20:00	21:40:00	Prayer	Prayer Room
21:40:00	22:00:00	Prayer	Prayer Room
22:00:00	22:20:00	Prayer	Prayer Room
22:20:00	22:40:00	Prayer	Prayer Room
22:40:00	23:00:00	Prayer	Prayer Room
23:00:00	23:20:00	Prayer	Prayer Room
23:20:00	23:40:00	Prayer	Prayer Room
23:40:00	00:00:00	Prayer	Prayer Room

[illegible]

* including Reserves and NF substitute
** Non-qualified Gymnasts only

Training Unit #1						
25 weeks	00:25					
00:00 - Training	FX	FN	SR	VT	FB	OB
0:10	0:20					
0:20	0:55					
0:55	1:20					
1:20	1:55					
1:55	2:30	FX Q1-Q8 + R	FN Q1-Q8 + R	SR Q1-Q8 + R	VT Q1-Q8 + R	FB Q1-Q8 + R
2:30	3:05					
3:05	3:40					
3:40	4:15					
4:15	4:50					
4:50	5:25					
5:25	6:00					

FOP - Training			
08:00			
FOP - Training		FX	FX
12:00	13:00	General Working and system training	

Warm-up				
Warm-up/Stretch Time		FK	PSI	SR
12:00	18:00	General Warm-up and Open Warm-up		

FOP - Completion			
Water Acquisition Total	FA	PRI	SA
13:45	14:00	Intermittent Pipeline	
14:00	14:30		
14:30	15:23		
15:23	15:35	Abandonment - Mainline and Branches	
15:35	15:55		
15:55	17:02	FA Off-Gas	
17:02	17:42		
17:42	18:00	Abandonment - Mainline, Branch and Branches	Off-Gas



Saturday 28 October 2023				
Time	Event	Category	Age	Gender
07:00				
07:30				
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